



# Prostate Cancer Prevention and Early Detection

Prostate cancer is the most common cancer in men (not counting skin cancer). It is also one of the leading causes of cancer death among men.

Many of the risk factors for prostate cancer, such as your age, race, and family history can't be controlled. But there are some things you can do that might lower your risk of prostate cancer.

Prostate cancer can often be found early using a simple blood test, but it's not clear if the benefits of testing all men for prostate cancer outweigh the risks, such as finding (and treating) cancers that probably never would have caused any problems. Because of this, it's important to talk to a health care provider about the uncertainties, risks, and potential benefits of prostate cancer screening before deciding whether or not to be tested.

[Prostate Cancer Risk Factors \(/cancer/prostate-cancer/early-detection/risk-factors-for-prostate-cancer.html\)](/cancer/prostate-cancer/early-detection/risk-factors-for-prostate-cancer.html)

[Can Prostate Cancer Be Prevented? \(/cancer/prostate-cancer/early-detection/prevention.html\)](/cancer/prostate-cancer/early-detection/prevention.html)

[Finding Prostate Cancer Early \(/cancer/prostate-cancer/early-detection/finding-prostate-cancer-early.html\)](/cancer/prostate-cancer/early-detection/finding-prostate-cancer-early.html)

[What Tests Can Detect Prostate Cancer Early? \(/cancer/prostate-cancer/early-detection/tests.html\)](/cancer/prostate-cancer/early-detection/tests.html)

[American Cancer Society Recommendations for Prostate Cancer Early Detection \(/cancer/prostate-cancer/early-detection/acs-recommendations.html\)](/cancer/prostate-cancer/early-detection/acs-recommendations.html)

[If Prostate Cancer Screening Test Results Aren't Normal \(/cancer/prostate-cancer/early-detection/if-test-results-not-normal.html\)](/cancer/prostate-cancer/early-detection/if-test-results-not-normal.html)

[Insurance Coverage for Prostate Cancer Screening \(/cancer/prostate-cancer/early-detection/insurance-coverage.html\)](/cancer/prostate-cancer/early-detection/insurance-coverage.html)

[Additional Resources: Prostate Cancer Prevention and Early Detection \(/cancer/prostate-cancer/early-detection/add-res.html\)](/cancer/prostate-cancer/early-detection/add-res.html)

[References: Prostate Cancer Prevention and Early Detection \(/cancer/prostate-cancer/early-detection/ref.html\)](/cancer/prostate-cancer/early-detection/ref.html)

